

Study Skills Quotient

- Lots of techniques can help you study better, but nothing can take the place of a good attitude.

- Read the following statements. How many of these good study habits do you practice regularly, sometimes, or never? Your answers will reveal a lot about your attitude towards studying.

YES / NO

- I have a regular time for homework.
Even when I'm busy, I always manage to find some time to study.

YES / NO

- If I get a bad grade on a test, I work harder. I also seek help from my teacher, a tutor, or another student who is doing well in the class.

YES / NO

- I have goals for what I want to do after graduation. I know that studying will help me get closer to my goals.

YES / NO

- I' m usually prepared for class.

YES / NO

- I know how to break a large project down into smaller, easier pieces.

YES / NO

- If I have a class that I don't really like, I work harder to make the subject interesting.

Tips for Gearing Up To Study

- Listen carefully in class so you'll know what your teachers think is important.

- Write down all your assignments, including what books you'll need.

- Use a small notebook or calendar to write down all your assignments in one place.

- Try putting yellow self-stick notes on the binding of any book you'll need to take home that day.

- Find the study time that works best for you.

- Make sure you have good light, a smooth surface for writing, and a comfortable place to sit for studying at home.

- Gather pens, pencils, writing paper, a ruler, and a dictionary as your study tools.

- Add a thesaurus, almanac, and atlas to your study tools, as needed. These items probably can be found in your school library or bookstore.

- Never study with the TV on.

- Soft music may help concentration and memory. Try studying with music on and off to see what works best for you.