## The Excellent Eleven Qualities

### **1. Enthusiasm**

 "Your enthusiasm will be infectious, stimulating, and attractive to others. They will love you for it. They will go for you and with you."

Norman Vincent Peale

## 2. Adventure

### "Only those who will risk going too far can possibly find out how far one can go."

Abraham Lincoln

## 3. Creativity

#### "The man who has no imagination has no wings."

#### Muhammad Ali

### 4. Reflection

 "By three methods we may learn wisdom:
first, by reflection, which is noblest; second, by imitation, which is easiest; and third, by experience, which is bitterest."

Confucius

## 5. Balance

### • "There is a time for everything."

#### Thomas Edison

# 6. Compassion

### • "An understanding heart is everything..."

Carl Jung

## 7. Confidence

### "Whether you believe you can do a thing or not, you are right."

Henry Ford

## 8. Humor

#### "The most wasted of all days is the one without humor."

E.E. Cummings

### 9. Common Sense

#### "The freethinking of one age is the common sense of the next."

#### Matthew Arnold

# **10.** Appreciation

 "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

John F. Kennedy

## **11. Resilience**

 "The ultimate measure of a man is not where he stands in moments of comfort, but where he stands at times of challenge and controversy."

Dr. Martin Luther King, Jr.